

## Regular Schedule Starting Oct 12<sup>th</sup> 2011

### Monday

3:00 – 3:45pm Pre Jr & Junior  
3:45 – 4:45pm Intermediate  
4:45 – 5:30pm Canskate  
Flood  
5:45 – 6:45pm Senior

### Off Ice

3:00 – 3:30pm - Intermediate  
3:30 – 4:00pm - Senior  
4:00 - 4:30 pm - Pre Jr & Junior

### Tuesday

3:00 – 3:45pm Intermediate & Junior  
3:45 – 4:15pm Synchro Team #2  
Flood  
4:30 – 5:30pm Senior  
5:30 – 6:00pm Synchro Team #1

### Wednesday

3:00 – 3:45pm Intermediate  
3:45 – 4:15pm Intermediate & Senior Group  
Flood  
4:30 – 5:30pm Senior  
5:30 – 6:15pm Canskate

### Thursday

7:15 – 8:15am Open Freeskate  
  
3:00 – 3:45pm Intermediate  
3:45 – 4:00pm Synchro Teams #4 & 5  
4:00 – 4:45pm Pre Jr & Junior  
Flood  
5:00 – 6:00pm Senior

### Off Ice

3:00 – 3:30pm - Pre Jr & Junior  
3:30 – 4:00pm - Senior  
4:00 – 4:30pm - Intermediate

### Friday

3:00 – 3:45pm Intermediate  
3:45 – 4:15pm Synchro Team #3  
4:15 – 5:00pm Senior

### Sunday

5:15 – 6:00pm Pre Jr, Junior & Intermediate Freeskate  
5:45 – 6:30pm Senior Freeskate